

1-800-CHILDREN

1-800-224-5373

Supporting
Healthy
Families!



Ask Us About...

- Sleep Issues
- Temper Tantrums
- Sibling Rivalry
- Shopping With Your Child
- Toilet Training

1-800-CHILDREN is your Colorado resource for parenting tips, human services, information and more. If you need to talk, call our free, caring and confidential family support line.

**Families
First**

**Prevent Child Abuse
Colorado**